



# Press Release

Wednesday 12 September 2007

## **ANDREW SELOUS JOINS DISADVANTAGED GROUP IN LEIGHTON BUZZARD FOR LUNCH**

South West Bedfordshire MP Andrew Selous will visit residents from local Supported Housing charity, Mayday Trust, on Tuesday 18 September 2007.

During the visit Andrew will join the Lunch Club for a healthy, low-cost meal. During the lunch Mr Selous will chat with residents about their experiences and find out more about Mayday's work in the town. Andrew will also be invited to help prepare a desert with help from Mayday residents.

After lunch Mr Selous will be presented with a copy of the Lunch Club's recipe book, Kilgour Kitchen, as a memento of his visit.

Mayday Trust is a regional registered charity, which provides temporary supported accommodation and life-skills training for homeless adults. Staff work with vulnerable people from all walks of life; helping them get back on track and move on with their lives. The charity was established in 1979 and now operates schemes across Northamptonshire, Warwickshire and Bedfordshire. Last year Mayday Trust helped over 500 people to achieve greater independence.

**The Leighton Buzzard Project**, based at Kilgour Court, Bassett Street opened in 1991, providing accommodation for up to 36 people. With an average stay of 9 months, the scheme has supported over 800 disadvantaged adults since it first opened its doors.

Mayday Trust's Chief Executive, Caroline Ward said: *"Communal meals and therapeutic groups provide a great opportunity for residents to build confidence and essential life-skills."*

*"We are delighted that Andrew Selous will be joining Leighton Buzzard's Lunch Club. The popular twice-weekly group is a wonderful opportunity to meet clients and gain a deeper understanding of Mayday Trust"*.

**Photocall:** You are invited to send a photographer and reporter on Tuesday 18 September 2007. Photographs and interviews will be available at 1.15pm. Address: 7 Kilgour Court, Bassett Road, Leighton Buzzard, Bedfordshire, LU7 1AT

For more information please visit [www.maydaytrust.org.uk](http://www.maydaytrust.org.uk) or contact: Lisa Carroll, Fundraising Manager, on 01788 568176, 07872 378451 or [lisa.carroll@maydaytrust.org.uk](mailto:lisa.carroll@maydaytrust.org.uk)

Ends

**Editors: Please note that the charity is no longer known as the 'Rugby Mayday Trust'. The organisation was renamed 'Mayday Trust' in 1999, reflecting the wider geographical area in which we operate. Please amend your records accordingly. Thank you.**