



Annual Report 2008/09





Mayday Trust provides specialised support, life-skills training and accommodation for vulnerable adults.

We support people who find it difficult to manage everyday living and need help or support in developing those skills.

Clients include victims of alcohol & substance misuse, young families, ex-offenders, young people leaving care, mental health referrals, people with moderate learning difficulties and victims of family breakdown.

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“ Mayday saved my life. I am so much better and look forward to the future now ”

Support and activities

Life-skills training is adapted to each client but typically includes Literacy, Money Management and Cookery together with other essential living skills.

In addition to our core life-skills training, Mayday schemes offer a wide range of therapeutic workshops and activities. Schemes offer a variety of groups including: Aerobics, Art, Conservation, Creative Writing, Cycling, DIY Skills, Fishing, IT, Music and Sewing. These programmes help our clients to develop new interests, build confidence and improve social skills.

Where appropriate, staff operate in-house support groups ranging from Alcohol Misuse to Healthy Eating to Mother & Baby Clubs. The Trust also works alongside local agencies to offer specialist treatments and support services.

Core funding

Mayday Trust receives the majority of its core funding from Supporting People and Housing Benefit.

Managed by local government, Supporting People funds and monitors the provision of supported housing. This funding covers our running costs associated with the provision of this support.

Mayday's housing costs are largely recovered through accommodation charges, payable by the client. In most cases, clients are able to claim Housing Benefit to cover the best part of these costs.



Mayday Trust has supported more than 8,000 people since its formation 30 years ago



1976

Michael Varah and Jim Higgins spotted a link between re-offending and homelessness in Rugby.

They eventually found an appropriate property and set up their first hostel.

1986

Accommodation schemes opened in Bedford, Northampton and Wellingborough with The Sands, a Care Home for adults with Epilepsy and Learning Difficulties, in Warwickshire.



1993

The Daventry Scheme opened.

1983

The charity began supporting homeless people in Leamington Spa.

1995

Second scheme opened in Leamington Spa.

2004

The Janus Scheme opened to provide short-term accommodation for homeless young families and pregnant women in Wellingborough.

Long Buckby closed due to lack of funding.

2009

Successfully retain Investors In People status and the Double Tick Disability award.

Trust gain accreditation from Contractors Health and Safety Assessment Scheme (CHAS).

Work begins towards ISO 9000 accreditation.



1999

Awarded Investors in People recognition and renamed Mayday Trust.



1979

Rugby Mayday Trust registered as a charity providing support for ex-offenders. Brian Lomax was appointed as its first Chief Executive.

1984

Rugby Borough Council offered the Trust 18 flats, which became the Mayday Independence Project. The Rugby Hostel scheme opened later that year with both projects focussing on providing support for ex-offenders.

The Trust changed its focus to include all homeless people with special support needs.

1994

Rugby Mayday Trust became a Company Limited by Guarantee.

1991

Leighton Buzzard, the Trust's largest scheme opened.



1998

Northamptonshire women's scheme opened in Long Buckby.

2005

Future Tracks (formerly The Sands) move into self-contained flats in Rugby.

2008

Mayday Trust withdraws from Janus and returns the management of the properties to the Borough Council of Wellingborough.

2000

Awarded the Double Tick Disability symbol.

2007

Two-year refurbishment of Wellingborough Scheme completed and Phase 1 Refurbishment gets underway at Northampton.



Chris Holman Chairman

2008/09 has been another successful year for Mayday Trust and on behalf of the trustees I would like to thank our staff, volunteers, stakeholders and supporters who have helped us to achieve so much.

This report, which I hope you will enjoy reading, is yet another testament to Mayday's good reputation for the quality of our services, the dedication of our staff and our ability to adapt to change.

Last year we appointed four new trustees and we now welcome Anna Trye with effect from the AGM. The new trustees bring a broad range of skills which are essential for a balanced and effective Board. Unfortunately Bob Hume and Gordon Armstrong have subsequently resigned due to work and family commitments. We thank them both for their valuable contribution.

The changing climate continues to place emphasis on competitive bidding for new services and ultimately to retain the services we currently provide. Preparation of complex bids is very time consuming and it was decided to strengthen the team through the appointment of Liz Strain as Bid & Business Intelligence Manager.

As a consequence of the current economic climate, the coming years will see us face increasing pressures on our budgets. There will be some difficult challenges ahead but all the indications are that Mayday is better placed than many to deal with them whilst keeping good outcomes for our clients as our top priority.

Finally, I will be standing down as Chairman at the 2009 AGM, so this is my final Chairman's Report. I would like to sign off by expressing my personal thanks to all current and past Trustees and staff for their friendship, support and commitment to Mayday and particularly to our clients, over the past four years, which has included some difficult periods in the journey of Mayday Trust.

“ Mayday Trust offer a great and worthwhile service ”

Alan Riddell, Manager,
Fry Housing Trust

Caroline Ward Chief Executive

This is my third annual report as Chief Executive and I am pleased to report that Mayday Trust continues to thrive in an ever changing business environment. The market and funding arena has driven us to further improve our high quality of support across Bedfordshire, Northamptonshire and Warwickshire.

The past twelve months has been a period of stability and consolidation for employees and trustees. There has been an increased focus on staff training and development, which has enabled the Trust to retain talented staff across all disciplines.

Mayday Trust is proud to state that during 2008/09 408 clients were supported across the three counties. That is a fantastic achievement and one which is also reflected in the positive feedback given in the Stakeholder and Resident Surveys. These surveys are a good "test" of how we are performing and the evidence demonstrates that the Trust is listening and acting on the feedback of clients and stakeholders.

The Trust-wide intranet was successfully launched in December 2008 with immediate benefits of better communication channels, consistency of information and opportunities for staff to share best practice.

The Trust achieved targets as outlined in the 2008/09 Business Plan and continues delivery against the 2008/11 Corporate Plan. Both plans were reviewed at the Board Strategy Session in September 2009.

Mayday continues to explore opportunities to grow and diversify the business. To support this, Mayday Trust is working collaboratively with a number of other organisations, to develop existing and new opportunities. The first of which is with the County of Northampton Council on Addiction (CAN).

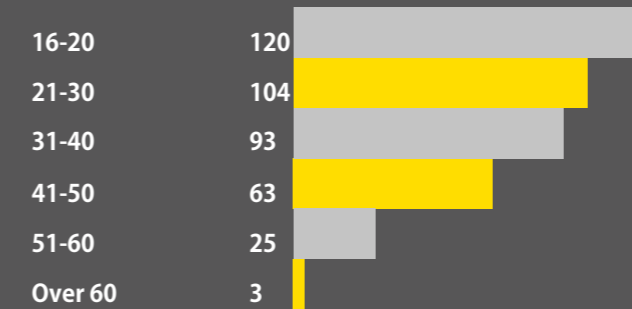
There are changes ahead with the phasing out of "ring fenced" Supporting People funding and the move towards Local Area Agreements and Local Strategic Partnerships. Mayday is proactively engaging with stakeholders at all levels across the region.

2009 also marks the 30th Anniversary of Mayday Trust. Looking back over the years Mayday Trust has strived to support vulnerable adults in their drive for independence. What a milestone the Trust has reached and there is so much more for Mayday Trust to deliver in the coming years!

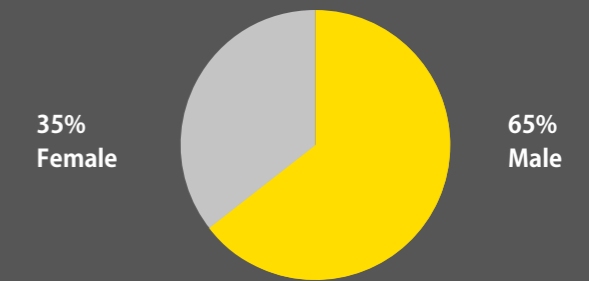


In 2008/09 Mayday Trust has assisted 408 clients to achieve greater independence. We continue to offer informal outreach to former clients, many of whom remain in regular contact with Mayday Trust for years after moving on.

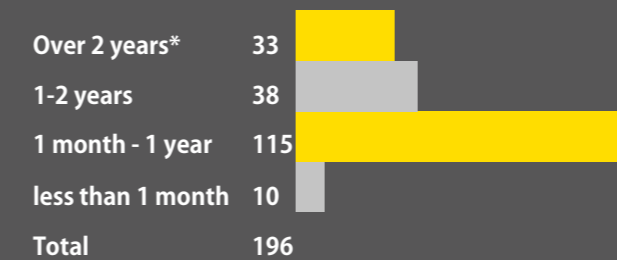
Age Range



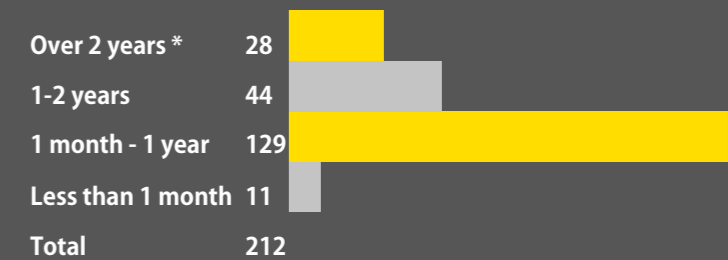
Gender



Average Stay (current clients)

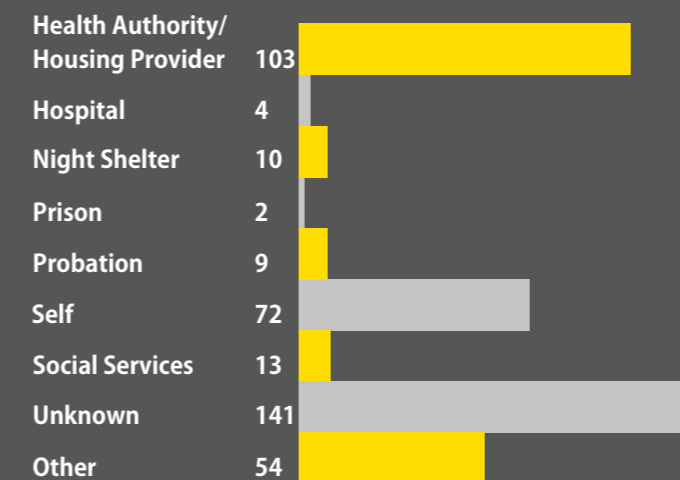


Average Stay (those moving on 08/09)

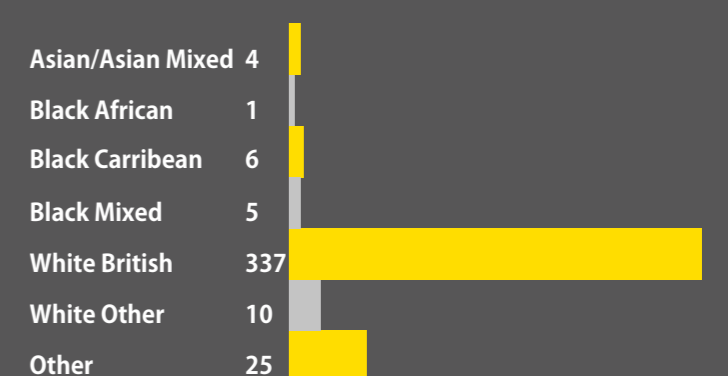


* Mayday House, Rugby provides longer term support for 12 clients with Learning Disabilities and/or Epilepsy at its Lennon Court site

Where we Receive our Referrals



Ethnicity





Mayday Trust operates three schemes in Warwickshire, delivering services in Rugby, Leamington and Warwick. These services support a range of clients, including generic homeless with support needs, young parents, people with Epilepsy and those with Learning Difficulties. Having been established in Rugby, Mayday has a history of providing services to vulnerable adults in Warwickshire for many years.

Recently all services in Warwickshire have been reviewed by our main funders, Supporting People, achieving excellent results with performance in the top quartile of service providers. Working in partnership with many agencies in Warwickshire, the Trust is exploring new opportunities to expand its services in order to support more vulnerable adults across the county.

News From Ashwood Court, Rugby

Claire is back and working hard

Claire has recently moved back after leaving the Scheme earlier in the year. Her first tenancy ended quite abruptly as she was in an abusive relationship and was told by her partner that she had to leave.

Although Claire has only been back with us for a few weeks, she has fully engaged with staff and is looking forward to building her fresh start.

A new meeting place in Flat 101

Our communal flat, known as '101' has undergone an extensive refurbishment. We have an IT suite housing two computers, an arts and craft resource and a library. '101' has proved invaluable over the past year and now offers a meeting place for organised and informal activities.

The main lounge area has a TV and DVD with comfortable seating including a giant bean bag which has quickly become a favourite place to relax. Our fitted kitchen also hosts our regular breakfast and lunch clubs. We prepare meals from around the world, giving clients the opportunity to develop new skills and confidence to cook healthy, budgeted meals.

Martin is showing huge progress

When Martin came to Mayday he was homeless and just out of psychiatric hospital. In a short space of time he has made huge progress, enrolling with local support networks such as Cranstoun Drug Services and Swanswell Alcohol Services.

He participates in a variety of Scheme activities, hasn't missed an appointment with his key-worker and keeps his flat really presentable.

Terri's a role model for others

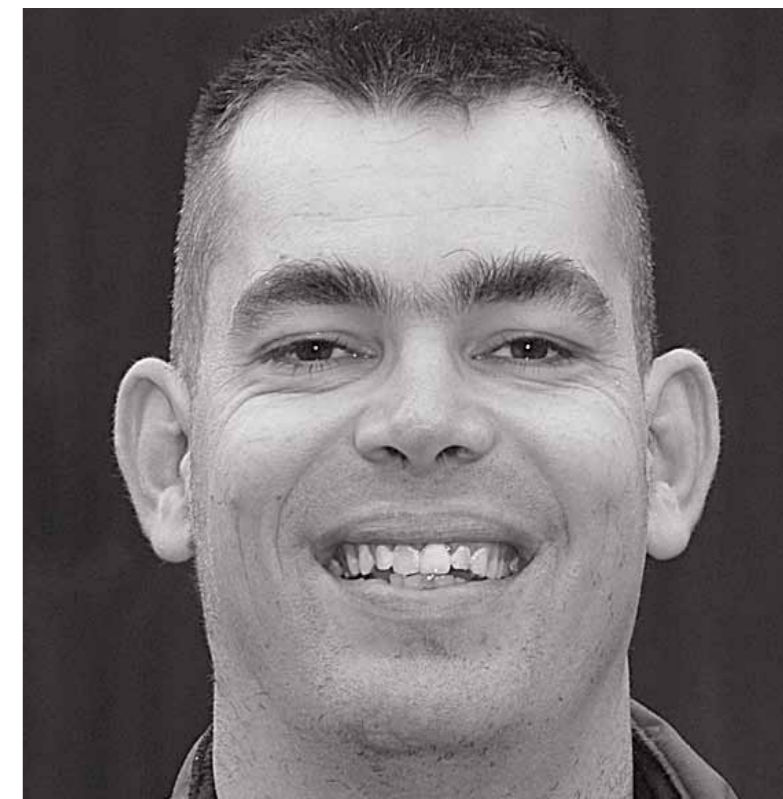
Terri has been with us for about a month. In that time she has enrolled in a full time college course. She has also attended many communal activities and has been a good role model for other clients within the Scheme.

Michelle gets set to move out

Michelle has been with Mayday Trust for a long time and throughout most of her tenancy she has battled an on-going alcohol issue.

Since the beginning of the year Michelle has started to engage more with Swanswell Alcohol Services and has built her confidence by attending various Trust activities and days out.

Michelle has been offered a one-bedroom property close to her family in Rugby and continues to do well.



“ Mayday have been amazing from day one and really helped me get back on my feet ”



News From Leamington and Warwick

Ron hopes for a happy new year

Ron was an alcoholic and spent many years living on the streets. He was referred to us from Open Hands almost two years ago.

It's not always been easy but Ron has come a long way. He recently enrolled at college and is hoping to move into his own accommodation early next year.

Cooking up a success

In February a local firm called Modern Homes donated a kitchen unit for our communal kitchen. Once fitted, a client put his decorating expertise to good use, to redecorate the room.

We have completed the face lift with a sofa and television. We now have a homely and comfortable area for our clients to enjoy!

To top it off, twelve clients recently went on a Food Hygiene course. Feedback was very positive and all were delighted to receive their certificates.

Rose

My marriage was unhappy and I suffered physical and emotional abuse. Eventually I decided to leave and try to find Me! I lived on a narrow boat for 9 months.

As wonderful as that life might sound, I had no laundry or washing facilities and soon lost interest in my appearance. The little confidence I had left and I started to drink. Finding work was impossible as I had no fixed address and my savings rapidly ran out.

On New Years Eve I found myself crying down the phone to a person I'd only met once. He is 30 but had lived at Mayday Trust when he was a teenager. Mayday helped him sort himself out and he now owns his own narrow boat, is free from drugs and stays out

of trouble. He arranged an appointment for me and I was here within a week.

The first thing I did after moving in was to have a long hot bath and a damn good cry! Having no idea of the benefit system the Mayday staff were brilliant and gave me constant support and encouragement.

Have I found me? Almost!!! Since being here I have taught sewing and crochet, had art work displayed in Northampton and arranged a day trip on the canal. I am seeing a counsellor, have started to care about my appearance again and am growing in confidence.

Mayday Trust's help has been invaluable. They have faith in people when everyone else has given up.

Our garden is looking great

Earlier this year we were gifted some garden slabs and stones from another local company - South Face Landscapes. We were able to use these items to build three stone garden seats and a rockery. The seats have been a great success and our clients have made good use of them.

Our Scheme also won the Best Garden, Best Veggie Patch and Tallest Sunflower categories in a Trust-wide gardening competition.

Andrew is much happier now

When Andrew arrived at Mayday he was very anxious and introverted. He was suffering from severe depression and had given up his university degree.

In just four months he has become involved in all of our Scheme activities and has taken responsibility for looking after our chicken coop. Andrew's positive progress has resulted in a reduction in dosage of the medication he takes.

News From Mayday House, Rugby

Family hold fundraising lunch

Over the summer, relatives of a long standing client held a fundraising day for us. The ladies provided a delicious lunch for their friends and organised a raffle.

They raised a fantastic £300 which will be used to fund a day out for the Scheme. A decision hasn't been made as to where yet but we are all really excited about it.

Royal Mail stamp their mark

In June this year our garden was given a thorough make-over thanks to a team of volunteers from Royal Mail. This was organised with help from Business in the Community, and included several donations from local businesses.

Throughout the day we saw the fence painted, new furniture unwrapped, a bird table built, flowers potted and friendships develop.

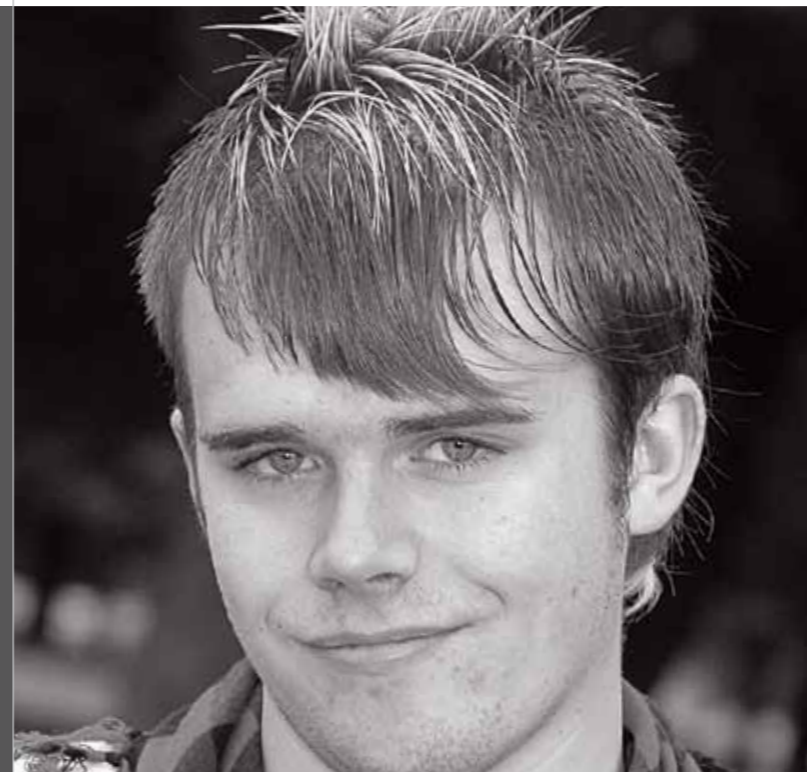
Our clients now have a peaceful and tranquil area to relax, socialise and enjoy the wildlife.

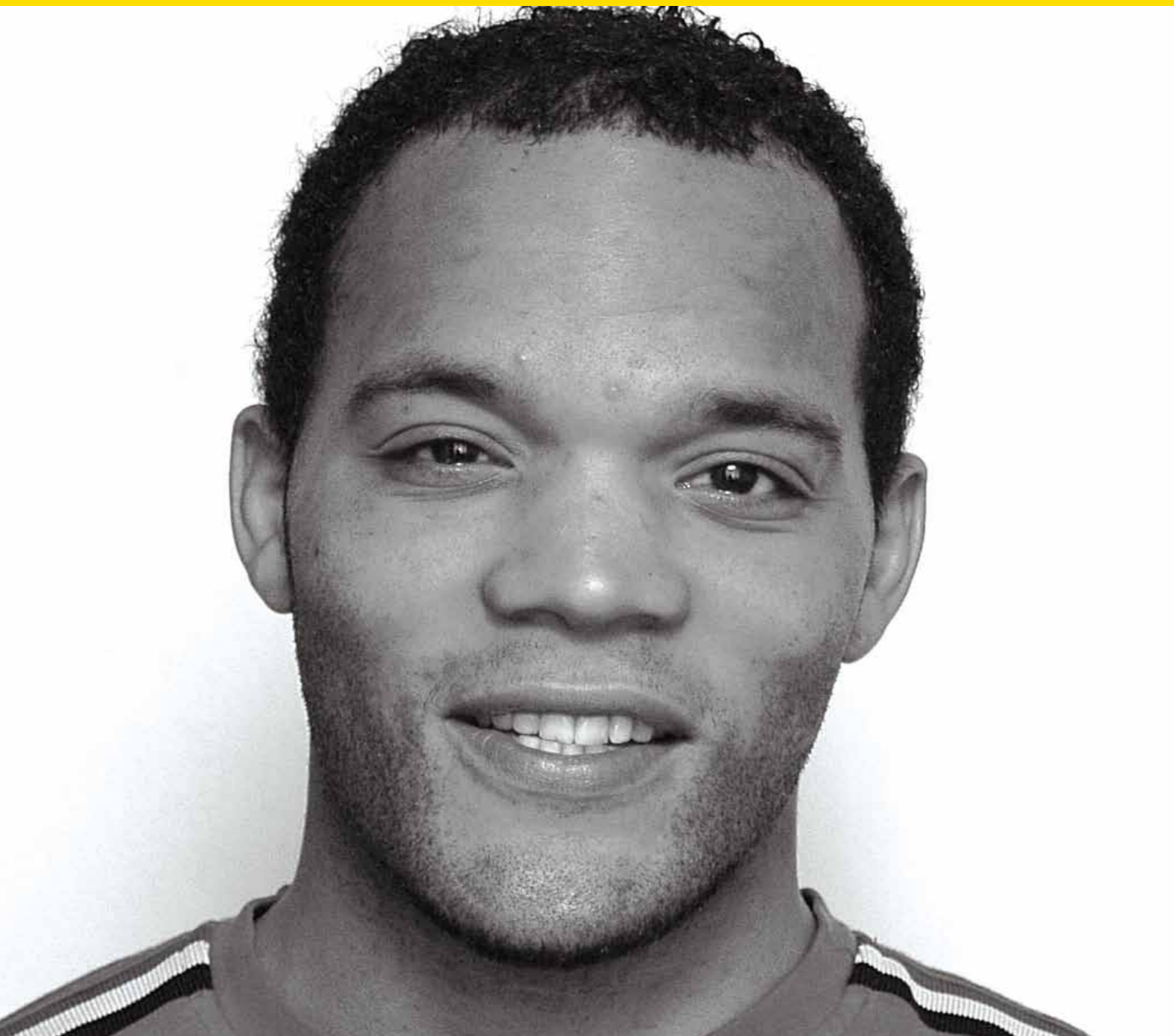
Barry's getting his own place

This year, after 21 years with Mayday, Barry has moved into independent accommodation. Thanks to Barry's determination, and the help of committed staff, he has slowly gained the confidence to move on.

Barry has promised to keep in touch with all of his friends at Mayday.

Mayday House recognise that our clients, most of whom have Learning Difficulties and/or Epilepsy, often need more time to develop their independence. To support these individuals we also provide 12 longer term tenancies at our Lennon Court site.





Mayday Trust operates two schemes in Bedfordshire; Leighton Buzzard and Bedford. These services provide support for vulnerable adults, with Bedford focusing on those with support needs associated to mental health issues.

With both schemes providing excellent services, Mayday Trust's next step is to ensure that it not only continuously improves services, but also reviews the properties from which those services are provided thus ensuring that it meets the current and future needs of clients with quality accommodation. Work is underway with partner agencies to review the current provision and consider options for the future.

News From Bedford

Ricky's making steady progress

Ricky is one of our younger clients. Recently he has enrolled at Bedford College where he is studying Literacy and Numeracy. He also hopes to join the Princes Trust Volunteer Programme in January. Ricky has had some problems with destructive behaviour towards himself and property leading to some involvement with the local Police.

Mayday Trust have supported him to look at his mental health needs and obtain the correct medication to enable him to function 'normally'. Ricky still has some household management skills to learn. He is making steady progress and learning how to take care of himself.

Starter Packs given to new clients

Clients are now offered a Starter Pack to help them settle into the Scheme. Items within the pack include bedding, kitchen equipment, toiletries and towels. Feedback has been very positive with everyone saying that the Starter Pack helps them on the right track.

Andy is now looking for work

Andy came to us from respite care after a nervous breakdown. He lacked self esteem and confidence. Andy soon became involved with cooking for the scheme early on in his stay. He found enjoyment in cooking for people. It lessened the isolation he experienced and also gave him skills for life in his cooking ability.

Over time Andy enrolled in an Anxiety Management and Confidence building course run by the Day Resource Centre. Andy had to relearn how to be assertive when dealing with different situations. He also joined EMPOWA and before long had completed their Striving Forward Training. The course taught Andy how to write a CV, apply for work and cope with interview situations.

Andy has recently moved into his own accommodation with outreach support from Mayday Trust for the first three months. He is now successfully living on his own and is currently looking for employment.

Mark builds bridges with family

When Mark arrived at the Scheme he was drinking heavily on a daily basis. He had no structure to his day and frequently 'forgot' to take the medication he needed to control his Schizophrenia.

Mark changed medications and now feels that his Schizophrenia is under control. He received support for his alcohol misuse from the James Kingham Project. He also took a computer course with Learn Direct.

Mark has recently left the Scheme and now lives in his own flat. He now feels closer to his family and is able to sustain a tenancy with floating support.



“ Mayday provides its clients with a range of opportunities including skills which help them move onto independent living ”

Sandra Webb,
Bedfordshire Adult and
Community Learning Team

Sometimes the biggest breakthroughs happen when a person admits to themselves that they need help. This year Mark realised things were out of control.

My Pet's a Monster

My pet isn't cute or cuddly like a kitten or a puppy, and it growls worse than a bear. You can't see my pet until he's hungry and my pet don't love me.

I don't love my pet, but I fed him anyway. He wasn't even my pet and yet still I fed him. I liked feeding him, and every time I fed him he grew, so I fed him more.

The more I fed him, the bigger he got and the more he wanted. He wanted it all and I realised he was becoming my pet so I tried not feeding him.

He didn't like that and he bit me and I got ill from the bite. I was scared he'd bite me again, so I fed him again and he got bigger and stronger.

He ate everything and still wanted more, but I had nothing left to feed him so he bit me again and I got more ill.

He bites, I feed and he grows and he's my pet now. He's called ADDICTION and he's a MONSTER!

News From Leighton Buzzard

Elaine is taking control again

At first Elaine considered herself to be a sensible drinker. She had her first drink when she was 15. Elaine used to go to the pub with her boyfriend and would sit all evening with a half pint of beer and be quite happy just to be around him.

The pair got married and had a child but she soon realised he was drinking too much. They were soon separated and she found herself alone with a baby. Elaine started to convince herself that she deserved a bottle of cider once a week but soon she was drinking every day.

She remarried and had another child but things got steadily worse. At one stage she was drinking a bottle of wine a day.

With our support, Elaine is now working to overcome her dependency and rebuild relationships with her family and friends.

Volunteers bring new activities

This year we have been lucky to welcome three volunteers. With their help we have been able to extend the number of workshops and activities at the Scheme. We now have a DIY group where clients can learn new skills and do their own repairs.

We also run a weekly 'Cooking around the World' group. This provides an insight into different cultures and confidence to try new foods.

Tom is feeling much better now

Tom suffers from Schizophrenia. When he first arrived he was very paranoid and rarely came out of his room.

Thanks to regular staff contact, a good support plan and strong involvement from relevant outside agencies, he no longer shows signs of his illness.

He is now more confident and able to look after himself and his flat. He attends local 'MIND' activities, a number of different courses and participates in events within the Scheme.

Paul finds his confidence

Paul was very disorientated when he first came to us. He was in a strange town and didn't know anyone. Regular key-work and support through our Alcohol and Drug groups gave him the confidence he needed.

He now does voluntary work in a local charity shop and absolutely loves it.

We love our splashing new pond

In June two clients built a fish pond in the garden. They designed it in the art group and took all the measurements of where it was to go. The pair shopped around for the most affordable option and even convinced others to help with the work.

It's already a favourite spot for many clients and looks great with its established plants, paving and statues.

Lizzie loves her new job

Lizzie was only 16 when she came to us and despite having family problems to deal with, she has thrived at Mayday. Lizzie has trained for work and was thrilled when she was offered a permanent position.

Keith

I was homeless for about two years before I came to Mayday Trust. I thought my only choice was the night shelters. I slept out if I couldn't get into one.

I had never heard of Mayday before my interview and considered myself to be really lucky to get accepted. Whilst I was on the waiting list I stayed in a night shelter and managed to stop drinking.

I thought the accommodation was brilliant, though a bit daunting at first. I didn't mind that I had to attend the weekly alcohol group as talking to others with similar experiences really helped me.

Mayday helped me to get into a normal way of living. My weekly key-work was good as it put me in touch

with people if anything went wrong.

Last year I was awarded Mayday's Michael Varah & Jim Higgins Award For Excellence. I have never won anything in my life but, through this award scheme I gained two Fork Lift Truck driving certificates which will help me to get employment in the future.

After 18 months I was nominated for my own accommodation. That was indescribable and it was like a big weight had been lifted from me – the icing on the cake really. I cannot thank you all enough.

My new flat is great and not far from Mayday. I know if I need any support I can drop in at any time. The next step for me is to find work and a live a 'normal' life.



1993 - For the first time Mayday's Bedford Scheme houses drinking alcoholics and drug addicts on prescribed drugs. Both these groups require heavier than normal support but, nevertheless, the staff rise to the challenge.



Mayday Trust operates three schemes in Northamptonshire; Daventry, Northampton and Wellingborough. All services cater for vulnerable adults with support needs, including those with moderate mental health issues, substance abuse problems and also ex-offenders.

All Northamptonshire schemes have recently undergone a major review of systems in order to improve performance, which has been borne out by excellent Supporting People Reviews. Discussions are currently underway in Northamptonshire, with partner organisations, to deliver more holistic services to a greater number of vulnerable adults in the county.

News From Northampton

Building links with Travis Perkins

Earlier this year, we were pleased to welcome ten staff from Travis Perkins who spent the afternoon at the Scheme. The team tidied up the garden, painted walls and fences, cleaned the greenhouse, dug over some ground and made the garden more welcoming.

James is staying out of trouble

When James arrived at the Scheme he was very well known to the Police and Youth Offending Team. He had constantly been in trouble since he was 13 years old. Since moving in, he has managed to stay out of trouble and enrolled on an IT course.

Northampton's Mural of hope

Project Worker Alison and client Kevin have painted a bright and cheerful mural. Another client suggested that "Hope is a Waking Dream", a quote by Aristotle, be incorporated into the painting.

Day trippers enjoy day at the sea

Earlier this year clients at our Resident's Meeting decided they would like a trip to the seaside. They planned and organised the day out which took place in September. Eight clients went to Great Yarmouth, with two staff members. A great day was had by all.

Rick has turned his life around

When staff first saw Rick's application they wondered whether his needs were too challenging to fit within our Scheme. Despite this, he was offered an interview and was then accepted onto the waiting list.

Since joining the Scheme, Rick and his key-worker have built a tailored Support Plan. With help from Working Links, run by Northamptonshire Probation Service, he has come a long way in a short time.

Rick is also working very hard to complete all the training courses offered to him.

When Gary arrived he was very shy and stayed in the background. Now he has the confidence to do more. He helps chair the Residents Meeting and organise a Cookery Group at the Scheme. Recently he started volunteering with 'Mind'.

Gary has also joined Mayday Trust's Equality and Diversity Action Group and is already proving to be a great asset to the team.

His latest poem demonstrates this transformation.

The Inspirational Tree

The tree outside my window
So elegant yet so strong
Whose branches reached to touch me
And guided me along

The tree outside my window
Stands calm relaxing and bold
Whose rustling leaves spoke to me
When I feel so alone

The tree still outside the window
Whatever became of me
Whilst others may come and go
Well I've become that tree



" Mayday Trust gave me hope when I had given up. They helped turn my life around "

Ariy, Nilupa & Sachith

Last New Year Ariy and Nilupa found themselves to be proud new parents of a beautiful baby boy but with nowhere to live.

Their trouble had started when Ariy had an operation on his back which instead of improving his condition made it worse, leaving him unable to walk without crutches. The couple were living with friends but sadly had been asked to leave.

Daventry District Housing were unable to help and referred the family to Mayday. The couple were interviewed and considered as individual cases. Luckily, both were offered places at The Post House. Nilupa and Sachith moved in directly from the hospital.

Whilst at Mayday the new family began to thrive. Staff helped the family to access benefits which they had been told they weren't entitled to and supported them in appealing their "intentionally homeless" status.

The family were offered a two bedroom flat by the council which they moved into in May this year. The flat needed redecorating and furnishing so Mayday arranged for it to be decorated by Brushes & Spades which, coincidentally, included two former Mayday clients who now work to help others in need.

Reflecting on their time with Mayday, Ariy said: "We were very happy living there as everyone was so kind. They were such nice people and taught us so much."



Sharlene

Before I came to Mayday I was at rock bottom. After finishing a degree in Animation I thought I would soon be out working in the industry as I had dreamed.

Still drained from my studies and having acquired a drinking habit I found the relationship with my family was quickly strained. I began drinking every single day and found myself battling a deep depression. I felt cast out and convinced I had nothing left to offer.

Mayday changed my life in ways I thought impossible. Not only did I find a roof over my head but I was also surrounded by a caring and supportive team of staff. I had freedom and space to focus on the issues that were plaguing me.

As my confidence grew I was able to address my problems. When I was ready my key-worker introduced me to Campbell House and CAN to start resolving my drinking and depression.

The staff at Mayday were on my side, guiding me if I fell astray, listening when I needed an ear and most importantly reminding me of my goals and the progress I was making. I never once felt pressured to move in a direction that I felt uncomfortable with and found that by discussing and then independently choosing appropriate goals I was able to regain a sense of control over my life.

For the first time in several years I feel hope toward the future. I have rebuilt a relationship with my mum and am currently drinking just 2 days a week. I am working towards a time where I will be able to enjoy a drink without the desire to get drunk.

As a creative person I once thrived on art, a passion that left in my darkest moments and one that I assumed would not return. Now I am at last rediscovering the positive aspects of myself, picking up my pencils to etch it out, cleaning the brushes to paint a new self esteem and writing the last few tenuous paragraphs to this chapter in my life.

Last year Mayday introduced the Michael Varah & Jim Higgins Award For Excellence to help people like me. This year I was awarded a grant worth £850. This has been used to purchase a high specification computer, on loan to me, so that I can learn how to use 3D animation software.

I am both overwhelmed and overjoyed to be gifted such a brilliant opportunity - a second chance to follow my dreams!



News From Wellingborough

Scheme improves security

We have recently employed two Night Support Workers in Wellingborough. These staff members provide support for clients, organise activities in the evenings and help to keep unwanted visitors away from the Scheme.

We have also fitted extra CCTV cameras to ensure that the building is now fully covered.

Tina has turned things around

When Tina first joined us she came to staff with lots of issues. She liked to do her own thing but found it difficult to listen to staff.

It was a rocky start but now, with help from her key-worker, she has really turned things around. She has enrolled at college and is doing a Car Maintenance course three days a week.

Staff are really pleased with her progress and her new-found respect for Mayday. She is becoming a great support for other clients in need.

News From Daventry

Kerry is moving on and out

Kerry came to us at the beginning of the year with severe alcohol problems. She has worked hard to deal with this and is preparing to move into her own place having been alcohol free for a substantial time.

Scheme offers gym membership

We have negotiated a deal with the local leisure centre and have three membership cards allowing clients access to a range of physical activities.

Liam's keeping himself very busy

Liam was quiet and withdrawn when he first came to us. Now he is doing very well at college and holding down a job at a local hotel. He also volunteers, training youngsters at the local football club.

New useful information boards

We have installed places of interest maps at the Scheme, highlighting local services and destinations around Daventry together with their contact details.



Art Exhibition and Awards

Mayday Trust's 30th Anniversary Art Exhibition took place at Northampton Museum and Art Gallery. The work was on display for a month.

Certificates were presented by Mayor of Northampton, Councillor Brian Markham. Speaking during the presentations Cllr Markham said: "I would like to congratulate Mayday Trust on its 30th Anniversary and all the artists for such a wonderful display."

Five Mayday clients were also presented with Michael Varah and Jim Higgins Awards For Excellence. The award scheme, which celebrates the achievements of Mayday Trust's most outstanding clients, was established in 2008 to honour the charity's founders.

In 2009, with support from The Michael Varah Memorial Fund, we pledged £2,000 worth of awards.

Scheme Open Days

Mayday schemes also marked the Trust's anniversary with a series of themed Open Days. These events allowed schemes to showcase their work and build stronger links with stakeholders, supporters and the local community.

" Mayday provides an essential service at an initial basic level and assists in helping clients to become independent with support "

Peter Stirling, Counsellor, CAN

Caroline Ward commented: "I am really pleased that the Open Days have been so successful. It is clear that a significant effort has been made by all concerned to ensure visitors, staff and clients enjoyed the events. I would like to pass on a big thank you to all involved."

Annual Bowling Competition

Our Annual ten-pin bowling competition took place in May this year. Coaches were laid on to transport staff and clients from across the Trust.

Northampton were the victors and are proud to hold the coveted trophy until next year.

30th Anniversary Picnic

In September 2009, Mayday held a Picnic In The Park at Coombe Abbey in Coventry.

Around 130 people, including former and current clients, staff, trustees and stakeholders took part in the celebration. Countryside Rangers led a Shelter Building task and Treasure Hunt around the site.

Documentary showcases our work

Throughout the summer, Mayday Trust has been working to produce a film about our work. Clients and staff have shared their experiences in order to help others gain a better understanding of Mayday.

The documentary, showcasing different aspects of the charity's service, will be unveiled at the Trust's Conference and AGM in November.

The film will then be viewable through our website with copies of the DVD available on request.

INCOMING RESOURCES

	£
Local Authority/Social Services Funding	119,429
Accommodation Receipts	1,333,598
Supporting People	1,199,815
Donations and Fundraising	33,267
Sundry Income	28,370
Investment Income	28,930

TOTAL **2,743,409**

RESOURCES EXPENDED

Cost of furtherance of charitable objectives	2,486,690
Governance costs	18,481
Cost of generating funds	5,526

TOTAL **2,510,697**

NET INCOMING RESOURCES FOR THE YEAR **232,712**

OTHER RECOGNISED GAINS AND LOSSES

Unrealised losses on revaluation of tangible fixed assets	(120,000)
Unrealised and realised losses on investments	(131,778)

TOTAL **(251,778)**

MOVEMENT IN FUNDS RELATING TO YEAR **(19,066)**

NET MOVEMENT IN GENERAL FUND IN YEAR **54,603**

Report of the Independent Auditors

The above summary of income and expenditure may not contain sufficient information for a full understanding of the financial affairs of the charity and does not constitute the statutory accounts of the charity which were adopted on 28 September 2009 and have received an unqualified audit report.

Copies of the statutory accounts can be obtained from the Company Secretary and a copy will be filed with the Charity Commission.

C Holman
Chairman of Mayday Trust

The summary financial information set out above is the responsibility of the trustees. Our responsibility is to report our opinion as to whether the information is consistent with the Statement of Financial Activities contained within the full financial statements.

In our opinion, the 'Summary Financial Information for the year ended 31 March 2009' is consistent with the Statement of Financial Activities of Mayday Trust for the year ended 31 March 2009.

39/40 Calthorpe Road
Edgbaston
Birmingham
B15 1TS

CLEMENT KEYS
Chartered Accountants
Registered Auditors
28 September 2009

Captain L G (Bill) Bellamy

1 December 1923 - 18 March 2009

Captain Bellamy, former Chair of Trustees, died peacefully after a battle with cancer.

Captain Bellamy, known as Bill, wrote to the Trust a month before his death to resign his membership of the charity. In his letter he commented: "By now I am more of a 'piece of history' than a member of my much loved Mayday. I admire all that has and is being done – at all levels – but my health is such that I am unable to take part in any activities."

Bill, who has been described as a 'True British Gentleman' by his friends at Mayday Trust, first joined the Board of Trustees in 1994, later becoming Chairman. He finally retired from the Board in 2005.

Margaret Chessell, former Fundraising Manager, will remember Bill as a hands-on Chairman: "Bill was always prepared to get stuck in. I will always remember him helping to serve Christmas meals and gamely pulling on rubber gloves to help with the washing up."

His son, James Bellamy, added: "He always had an interest in the vulnerable or disadvantaged - he would from time to time get into conversation with strangers and bring them back for tea or to stay the night."

Bill was commissioned as a royal officer and served in the Middle East. He also fought throughout the North West Europe Campaign in 1944 and 1945, which is where he was awarded his Military Cross.

He was one of the few men to walk through Hitler's study and see his personal possessions after his suicide. Forty years later, Bill rediscovered his wartime records and decided to put them together in a book. He

originally intended the book, to be a personal account for his children but, following a chance call from a publisher his vivid, firsthand account of tank life made it into print. The book was eventually called 'Troop Leader: A Tank Commander's Story'.

Captain Bellamy married Ann in 1950 and went on to have five children and 17 grandchildren. He was also the 'adopted' grandfather to two Palestinian students. Ann died in 2001 and Bill remarried Felicity in 2007.

James commented: "Following retirement he threw himself into Mayday as I think he saw an opportunity to bring his business acumen into an organisation which he felt needed leadership and direction at that particular time. How he arrived at Mayday I am not sure but he certainly got hooked and at a time when the business world was speeding up and he was trying to slow down."

James concluded: "He loved sharing what he had with others. We will perhaps remember him best at his 85th birthday party in Great Brington where he had a "Roaring Twenties" evening for 80 close friends and family at which he danced as if it was his 50th. He exuded such youth, energy and enthusiasm that at times we found it difficult to keep up with him!"

Bill's second book, 'Squaring The Circle' was published two weeks after his death. His family are honouring his wish that all proceeds go to charity.

Copies can be purchased from Mayday Trust at £10 each. Every penny from these sales will go directly to support Mayday Trust and its work with vulnerable people. Please contact us for more information.

Support Us

Mayday is supported by grant-awarding bodies, local companies and neighbourhood goodwill. Support can come in many forms including financial awards, gifts in kind, volunteering and simply coming along to an event at a local scheme.

Donations of all kinds add considerable value for our clients, helping to make our accommodation more than simply 'a place to sleep'.

If you would like to support Mayday Trust or find out more about us, please telephone 01788 568176 or email enquiries@maydaytrust.org.uk



Chris Holman
Chair of Trustees

Chris brings to the Board his vast commercial experience and over fifteen years service as a Borough and County Councillor



Cheryl Turner
Trustee

Cheryl joins the Board having worked in a variety of high level education and training roles



Jim Arnold
Vice Chair

Jim strengthens the Trust with his wealth of experience within Procurement and Commissioning



Gordon Armstrong
Visiting Associate

Gordon brings to the Trust his experience of Policy and Research roles for various public and private sector organisations



Nigel Banister
Trustee

Nigel, owner of a successful management company, joins the Board with an array of HR and training knowledge



Karen Icton
Visiting Associate

Karen joins the Trust with a background of social housing management



Robert Hume
Trustee

Robert joins the Trust with a background of HR management and charity administration



Caroline Ward
Chief Executive

Caroline brings experience from the Public and Private sectors with an emphasis on change management



John Reed
Trustee

John, a retired local government Finance Director, brings his vast accountancy experience to the Board



Gill Jackson
Head of Corporate Services

Gill, a Chartered Accountant, was a trustee for two local charities before joining the Trust



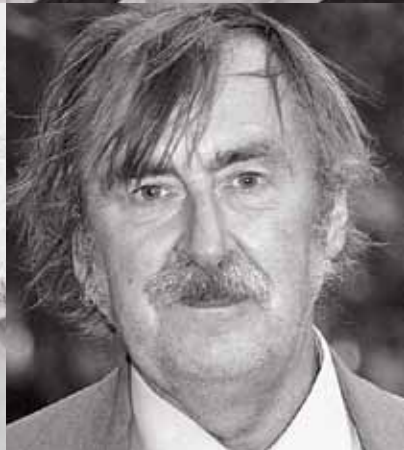
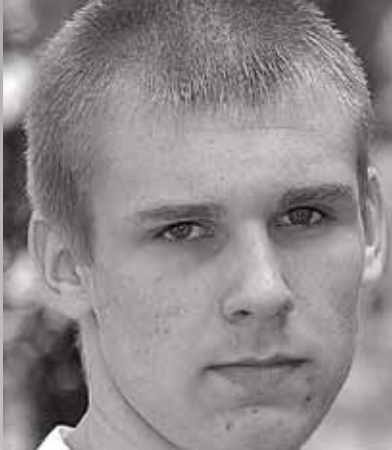
Lyn Stacey
Trustee

Lyn, Director of HR and Admin for a Worcestershire-based housing association, is a great asset to the Board



Stuart Sullivan
Head of Operations & Property Services

Stuart strengthens the Trust with a background in social housing and business development



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 01788 568176

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 Charity Registration Number 1035524 Company Registration Number 2911222



INVESTOR IN PEOPLE

