

## Mayday Trust in Warwickshire

In addition to Mayday House, Mayday Trust also operates two further schemes in Warwickshire.

Ashwood Court, Rugby provides accommodation for 30 clients. Each flat has either one or two bedrooms, with shared communal areas.

The Leamington & Warwick Scheme has an 11 bedspace house and 5 dispersed properties catering for a further 15 clients. All shared accommodation includes private bedrooms with communal facilities.

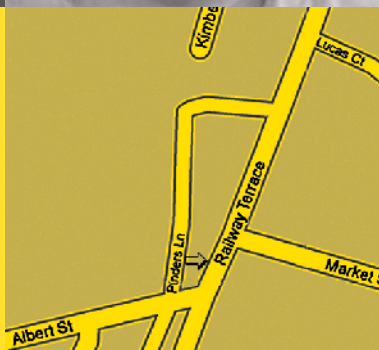
Clients at these schemes include: victims of alcohol & substance misuse, young families, ex-offenders, mental health referrals and people with moderate learning difficulties. Mayday Trust also operates schemes across Northamptonshire and Bedfordshire.

For further information please visit our website, email us at [enquiries@maydaytrust.org.uk](mailto:enquiries@maydaytrust.org.uk) or call us on 01788 568176



## Mayday House, Rugby

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129 Railway Terrace  
Rugby  
Warwickshire  
CV21 3EY  
01788 544680



## Mayday House, Rugby Warwickshire



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INVESTOR IN PEOPLE

[www.maydaytrust.org.uk](http://www.maydaytrust.org.uk)

Mayday Trust is a charity and company limited by guarantee, registered in England and Wales. Charity Registration Number 1035524 Company Registration Number 2911222



## Mayday Trust provides specialised support, life-skills training and accommodation for vulnerable adults.

We support people who find it difficult to manage everyday living and need help or support in developing those skills.

Every client has a key-worker who helps them to develop their own Support Plan. Clients meet with their key-worker for regular one-to-one sessions, support and advice. This can include help to fill in forms, accessing healthcare, benefits claims, advice about training and employment opportunities and emotional support.



### Support and activities

Life-skills training is adapted to suit the needs of each client but typically includes Literacy, Money Management and Cookery together with other essential living skills.

In addition to our core life-skills training, Mayday schemes offer a wide range of therapeutic workshops and activities. Schemes offer a variety of groups including: Aerobics, Art, Conservation, Creative Writing, Cycling, DIY Skills, Fishing, IT, Music and Sewing. These programmes help our clients to develop new interests, build confidence and improve social skills.

Where appropriate, staff operate in-house support groups ranging from Alcohol Misuse to Healthy Eating to Mother & Baby Clubs. Through these groups, clients are able to share experiences and work together to develop independence.

The Trust also works alongside local agencies to offer specialist treatments and support services.

“ I have a lot of friends at Mayday. We look out for each other and learn new things ”



### Referrals include:

- ✓ People with epilepsy
- ✓ People with moderate learning difficulties
- ✓ Mental health referrals
- ✓ Social Services referrals

Mayday House provides a friendly, supportive environment for our clients

## Mayday House

Mayday House, Rugby offers support towards independent living for clients with Learning Disabilities and/or Epilepsy. The scheme provides support for 27 clients in a mixture of single and shared accommodation. All shared properties include private bedrooms with communal facilities.

Our groups include: Speak-Up Club, Art, No-cook Cookery, Fishing Club, Healthy Living Club and a Resident's Committee.

### Extra Care

In cases where clients require more support than provided through our core funding streams, we can work with Social Services to develop an 'Extra Care' package. This funding allows the scheme to cater for clients with more complex needs.

### Outreach Support

Mayday House recognises that it takes time for our clients to become independent. Our accommodation and support is tailored to the need of each client. This includes shared accommodation, individual bedsits and Outreach Support: allowing clients to maintain council tenancies with limited staff input.

For more information, or to request an application form, please contact us on 01788 544680

