

Mayday House Rugby



Mayday Trust provides specialised support, life-skills training and accommodation for vulnerable adults

What is Mayday Trust?

Mayday Trust is a UK registered charity which provides specialised support, life-skills training and accommodation for vulnerable adults. We support people who find it difficult to manage everyday living and need help to develop those skills.

Every Mayday Trust client has a key-worker who helps them to develop their own unique Support Plan.

Clients meet regularly with their key-worker for one-to-one sessions, support and advice. This can include help to fill in forms,

accessing healthcare, benefits claims, advice about training and employment opportunities and emotional support.

Life-skills training

Our life-skills training is adapted to suit each individual but typically includes Literacy, Money Management and Cookery together with other essential living skills.

Where appropriate, staff operate in-house groups ranging from Alcohol Misuse to Healthy Eating to Mother & Baby Clubs.

We work with a variety of local agencies to help clients access a range of specialist treatments and support services.

Our ROMS (Residents of Mayday Speak) Forum gives clients a voice and provides an opportunity to influence policies and decision making within the Trust.

Workshops and activities

In addition to our core life-skills training, Mayday schemes offer a wide range of therapeutic workshops and activities including: Aerobics, Art, Conservation, Creative Writing, Cycling, DIY Skills, Fishing, IT, Music and Sewing.

Mayday House

Mayday House offers support towards independent living for clients with Learning Disabilities and/or Epilepsy. The scheme provides support for 27 clients in a mixture of single and shared accommodation. All shared properties include private bedrooms with shared communal facilities.

Activity groups include: Speak-Up Club, Art, No-cook Cookery, Fishing Club, Healthy Living Club and a Resident's Committee.

Extra care

In cases where clients require more support than our core funding streams provide, we can work with Social Services to develop an 'Extra Care' package.

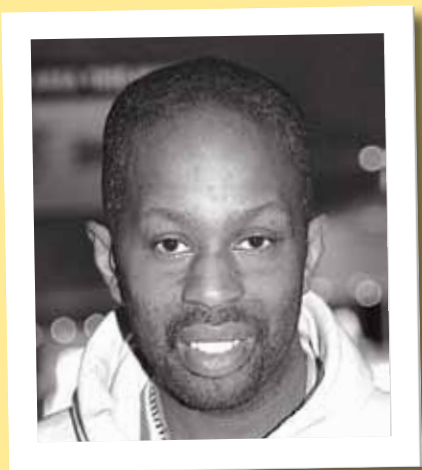
This funding allows the scheme to cater for clients with more complex needs.

Outreach support

Mayday House recognises that it takes time for our clients to become independent.

Our accommodation and support is tailored to the need of each client. This includes shared accommodation, individual bedsits and Outreach Support: allowing clients to maintain council tenancies with limited staff input.

For more information please contact us on 01788 544680



Clients include:

- ✓ People with epilepsy
- ✓ People with moderate learning difficulties
- ✓ People recovering from mental health issues
- ✓ Social Services referrals

Mayday Trust in Warwickshire

Scheme contact details

Lennon Court
129 Railway Terrace
Rugby
Warwickshire
CV21 3EY

01788 544680

Application and Referral Forms can be provided or downloaded from our website.

Also in Warwickshire

Mayday Trust operates two further schemes in Warwickshire.

Ashwood Court, Rugby provides accommodation for 27 clients in a mixture of single and shared flats. The scheme also has a move-on property catering for a further 3 clients.

The Leamington & Warwick Scheme has an 11 bedspace house and 5 dispersed properties catering for a further 15 clients.

Clients at these schemes include: victims of alcohol & substance misuse, young families, ex-offenders, mental health referrals and people with moderate learning difficulties.

All shared accommodation includes private bedrooms with communal facilities.

Mayday Trust also operates schemes across Northamptonshire and Bedfordshire.



Head Office

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Charity Registration 1035524
Company Registration 2911222

