

Mayday Trust in Warwickshire

In addition to the Leamington & Warwick Scheme, Mayday Trust also operates two schemes in Rugby.

Ashwood Court, Rugby provides accommodation for 30 clients. Each flat has either one or two bedrooms, with shared communal areas. Ashwood Court's client type is similar to the Leamington & Warwick Scheme.

Mayday House, Rugby offers support towards independent living for clients with Learning Disabilities and/or Epilepsy. The scheme provides support for 27 clients with accommodation and support tailored to the need of each client.

Mayday Trust also operates schemes across Northamptonshire and Bedfordshire.

For further information please visit our website, email us at enquiries@maydaytrust.org.uk or call us on 01788 568176



Leamington & Warwick

William Wallsgrove House
26 Lillington Road
Leamington Spa
Warwickshire
CV32 5YY
01926 435334



Leamington & Warwick Warwickshire



Mayday Trust
75-77 Albert Street
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INVESTOR IN PEOPLE

www.maydaytrust.org.uk

Mayday Trust is a charity and company limited by guarantee, registered in England and Wales. Charity Registration Number 1035524 Company Registration Number 2911222



Mayday Trust provides specialised support, life-skills training and accommodation for vulnerable adults.

We support people who find it difficult to manage everyday living and need help or support in developing those skills.

Every client has a key-worker who helps them to develop their own Support Plan. Clients meet with their key-worker for regular one-to-one sessions, support and advice. This can include help to fill in forms, accessing healthcare, benefits claims, advice about training and employment opportunities and emotional support.

Support and activities

Life-skills training is adapted to suit the needs of each client but typically includes Literacy, Money Management and Cookery together with other essential living skills.

In addition to our core life-skills training, Mayday schemes offer a wide range of therapeutic workshops and activities. Schemes offer a variety of groups including: Aerobics, Art, Conservation, Creative Writing, Cycling, DIY Skills, Fishing, IT, Music and Sewing. These programmes help our clients to develop new interests, build confidence and improve social skills.

Where appropriate, staff operate in-house support groups ranging from Alcohol Misuse to Healthy Eating to Mother & Baby Clubs. Through these groups, clients are able to share experiences and work together to develop independence.

The Trust also works alongside local agencies to offer specialist treatments and support services.

“ Mayday Trust has boosted my confidence and helped me to live independently ”



Referrals include:

- ✓ Care leavers
- ✓ Victims of alcohol & substance misuse
- ✓ Ex-offenders
- ✓ Victims of domestic violence
- ✓ Mental health referrals
- ✓ People with moderate learning difficulties
- ✓ Vulnerable young families
- ✓ People recovering from eating disorders

Members of the Mother and Baby Club enjoy the garden at William Wallsgrove House

Leamington & Warwick

The Leamington & Warwick Scheme has an 11 bedspace house and 5 dispersed properties providing accommodation for a further 15 clients.

William Wallsgrove House consists of individual bedsits with shared bathrooms and kitchens, with the exception of one completely self contained flat. The move-on houses provide each client with their own bedroom and shared communal areas.

Our groups include: Art, Cookery, Gardening, DIY and our weekly Film Club. The Scheme also runs a Mother and Baby Club, providing an opportunity for our new mums to meet and share experiences.

Residents' Committee

Recently one of our committee members wrote a user-friendly review of the Privacy and Confidentiality Policy which is now distributed to new clients as part of our Residents Handbook.

Weekly 'drop in' for prospective clients

Every Friday morning we operate a 'drop in' for prospective clients. Staff hold an informal 'chat' about the service we offer and an application form can be completed if we have not already received one. For more information please contact us on 01926 435334

