

Mayday Trust in Warwickshire

In addition to Ashwood Court, Mayday Trust also operates two further schemes in Warwickshire.

The Leamington & Warwick Scheme has an 11 bedspace house and 5 dispersed properties catering for a further 15 clients. All shared accommodation includes private bedrooms with communal facilities. Leamington & Warwick's client type is similar to the Ashwood Court Scheme.

Mayday House, Rugby offers support towards independent living for clients with Learning Disabilities and/or Epilepsy. The scheme provides support for 27 clients with accommodation and support tailored to the need of each client.

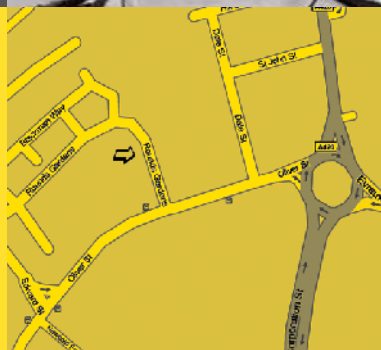
Mayday Trust also operates schemes across Northamptonshire and Bedfordshire.

For further information please visit our website, email us at enquiries@maydaytrust.org.uk or call us on 01788 568176



Ashwood Court

99 Ashwood Court
Rounds Gardens
Rugby
Warwickshire
CV21 2UF
01788 568420



Ashwood Court, Rugby
Warwickshire



Mayday Trust
75-77 Albert Street
Rugby
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INVESTOR IN PEOPLE

www.maydaytrust.org.uk

Mayday Trust is a charity and company limited by guarantee, registered in England and Wales. Charity Registration Number 1035524 Company Registration Number 2911222



Mayday Trust provides specialised support, life-skills training and accommodation for vulnerable adults.

We support people who find it difficult to manage everyday living and need help or support in developing those skills.

Every client has a key-worker who helps them to develop their own Support Plan. Clients meet with their key-worker for regular one-to-one sessions, support and advice. This can include help to fill in forms, accessing healthcare, benefits claims, advice about training and employment opportunities and emotional support.



Support and activities

Life-skills training is adapted to suit the needs of each client but typically includes Literacy, Money Management and Cookery together with other essential living skills.

In addition to our core life-skills training, Mayday schemes offer a wide range of therapeutic workshops and activities. Schemes offer a variety of groups including: Aerobics, Art, Conservation, Creative Writing, Cycling, DIY Skills, Fishing, IT, Music and Sewing. These programmes help our clients to develop new interests, build confidence and improve social skills.

Where appropriate, staff operate in-house support groups ranging from Alcohol Misuse to Healthy Eating to Mother & Baby Clubs. Through these groups, clients are able to share experiences and work together to develop independence.

The Trust also works alongside local agencies to offer specialist treatments and support services.

“ Mayday Trust has helped me sort my stuff out ”



Referrals include:

- ✓ Care leavers
- ✓ Victims of alcohol & substance misuse
- ✓ Ex-offenders
- ✓ Victims of domestic violence
- ✓ Mental health referrals
- ✓ People with moderate learning difficulties
- ✓ Single mums and children

Ashwood Court, Rugby

Ashwood Court provides accommodation for 27 clients in a mixture of single and shared flats. All flats are fully furnished and include a fridge and freezer. A communal laundry facility is also available.

The scheme also has a move-on property, catering for a further 3 clients. The move-on house provides each client with their own bedroom and shared communal areas.

Communal Lounge

Our communal lounge and IT suite provide a meeting place for organised and informal activities.

All clients are encouraged to take part in a range of workshops and activities. Our in-house groups change according to demand but range from: Art, Cookery Group, Breakfast Club, Film Club and a social event known as the 'Wednesday Club'.

Weekly 'drop in' for prospective clients

Every Friday morning we operate a 'drop in' for prospective clients. Staff hold an informal 'chat' about the service we offer. We can also help you to complete the application form if needed. For more information please contact us on 01788 568420



Staff and clients from Ashwood Court enjoy a trip to Coombe Abbey Country Park